

**Metamorphosis**  
(Dream of Becoming)  
Op. 5

Juhan Puhm

# Metamorphosis

(Dream of Becoming)

Juhan Puhm

♩ = 40  
*senza vibrato sempre*

Coloratura-Soprano

Mezzo-Soprano

Contralto

(barely audible) *pppp*

*senza vibrato sempre*

*senza vibrato sempre*

\*w(u) h(ɔ)

\*-unvoiced consonants (without pitch) -vowels in brackets show mouth position.  
 -begin inhaling absolutely silently and slowly a long time before the consonant is to be sounded creating a slow rhythm of inhalation and exhalation. The exhalation should continue past the sound stopping.

7

*pppp*

*ppp*

\*l(ɛ) j(i)

(3)r

13

*ppp*

*ppp*

*ppp*

k

\*f

θ

19

*ppp*

*pp*

*pp subito*

s

l(ɛ)

(3)r

*pp*

*pp subito*

*ppp*

*pp*

w(u) h(ɔ) k



48

(3)r s z f v hɔ h(ɔ)  
 lɛ wu w(u) g  
 ø θ ø (3)r 3r

53

$\text{♩} = 40$   
 [Dur. 5:00 min]

hɔ æ  
 k g \*i (transform vowels)  
 \*e (transform vowels) a, ɜ o, I

-Note: always leave a slight break between the unison B $\flat$  and the harmony notes.

58

u, e ɔ a æ ε

(slowly move through entire vowel circle)

-stagger breathe when necessary either right after a harmony note has been sounded or when another voice is on the unison B $\flat$ .

63

u \*ε (transform vowels) I, e ε u  
 e I i ɜ u  
 i æ, ε ɜ

\*-in transforming vowels always move clockwise through the vowel circle highlighting each vowel.  
 u o ɔ a æ e i ɜ u

68

o, 3    æ, ɔ    i, a    o    a    u

*-stagger breathe when necessary either right after a harmony note has been sounded or when another voice is on the unison B♭.*

73

æ    e, i    (transform through entire vowel circle)    i, i    ε    e    i    , 3

78

a    i, 3    , i    a    ɔ    ε, e    ɔ, o    e, ε    u    o, æ    u    æ    ε    e    i    i

83

♩ = 60  
[Dur. 8:00 min]

i, o    , i    u nel    æ    ɔ    , e    WI    3    u    , a    m3    ir    oj

*(transform through entire vowel circle)*

88

mel an iw

m3r

no ri læw en

93

om ne nøl ul ir

ji læw aj mom en ar

löm r3

98

w3j jæm no wo

mu ij nar im læ

wæ ril wæ

102

en rin mem wow

j3l ow ij re næ

lum w3 an uj jur r3 løj on læ

105 *ff*

ræ jəw en jim 3r la le jil wuw rɔ na je il

law am em niw ir m3 num rej ow læ ej 3n

le ri oj nɔ lo æm n3 mir iw mɔm

108

mun ær mɛm ij raj el

iw ne woj le mow lɔl 3w im aw j3r

æ r u l j ɔ j r i w

111

nɛ wo 3n ɔl ir mun me æj ij

nu no rɪn læ wem ja

115 *p* *[Dur. 10:00 min]*

dɔ tɔ dɛp pap tu 3g gog kib get

bæg ki ɔk

120

bu ik

et ep tæ 3d dı duk

bu kab

124

pok pı

pa bəp dət ged kək

bo 3t bæg id et pæ æg gi æg dət

128

ko et bəb ud æd ge pi

ep bəb it pi ta

po bə ig it æd ki ta

132

kig əp to æp dıg

k3d əp to dıg 3b

tub kig dab get æp po bek 3b



136 *mp*

dæ teb gɪd 3d at geb op  
 up gɔk kup at geb op  
 up teb kup ti 3d at geb op

140 *mf*

ɔk gæ pɛ tu bi  
 ɔk ap pɛ tu k3d go  
 ɔk ap eb tu k3d bi bɪd go

♩ = 120  
 [Dur. 11:20 min]

144

go et dod ak gib  
 go t3 kæ ak at  
 et kæ ip ak gib

148 *f*

pɔ eg p3t bɪp be da dɔ  
 pɔ kuk p3t gæg da dɔ  
 pɔ kuk eb eg gæg da dæt

152

bek ge ku ok pɔd pɪb

bek ge id ip

tit ge ku ok ip

156

od ug pɛ ta

ok od ug gɪ kɜ pɛ

deb gɪ kɜ bap ta

160

ig ɜb duk pɔd ɔp pæ pa

tæk tɜ duk tug ɛp pɔd bɪ ɛb pæ

tæk bæ ɜb duk ɛp pɔd ɜt bɪ ɔp ok

164

eg tu id bad kɔ gɛg dæp ik bo

id tot gɛg dæp tɪp ik kɜ

eg id tot kɔ dæp tɪp ik bo kɜ

168 *fff* ♩ = 60

ak bət b3 dug kæ eg od di usp ɔʃk djask kjeʃt isp glæʃb

kig ak b3 dug kæ eg od di usp ɔʃk djask kjeʃt isp glæʃb

kig bət b3 kæ eg od di usp ɔʃk djask kjeʃt isp glæʃb

172

brɛ bj3 kjosp asp izp bjɔ greʃg glæ

brɛ bj3 kjosp asp izp bjɔ greʃg glæ

brɛ bj3 kjosp asp izp bjɔ greʃg glæ

176

usp

usp

usp

[Dur. 12:45 min]

unvoiced/voiced sustained consonants

w(u) as in "woo"

h(ɔ) as in "haw"

(ʒ)r as in "term"

l(ɛ) as in "lent"

j(i) as in "ye"

k as in "cat" / g as in "gave"

ʃ as in "ship" / ʒ as in "beige"

f as in "fall" / v as in "veil"

θ as in "thin" / ð as in "then"

s as in "see" / z as in "zoo"

vowels

u as in "woo"

o as in "lo"

ɔ as in "haw"

ɑ as in "fa"

æ as in "hat"

ɛ as in "ebb"

e as in "say"

ɪ as in "it"

i as in "see"

ɜ as in "term"

consonants

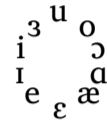
m,n,l,w (normal)

r (not rolled)

j as in "ye", "you"

p, t, k (unvoiced plosives)

b, d, g (voiced plosives)

vowel circlevocal ranges

coloratura soprano, mezzo soprano, contralto

